

*What is the best advice you've been given that changed/strengthened your spiritual walk or experience?*

Jody - 3 things are going to last forever...God, the Bible and people, invest in them.

Shirley - Jamie and Donna Winship have been life-changing examples and teachers for me. You can find dozens of podcasts on you tube of their life stories and teachings, and if you contact me, I can send you a great introductory interview with them.

Advice: to change my prayer focus from telling God all about a problem that He knows about and then asking Him to do what I think He should do, to:

Father what do you want me to know about....

\*this situation I am facing

\*what am I afraid of

\*what do I need to know about myself right now

\*what do I need to know about you

\*how do you see the people around me and who I relate to.

Anyone of the above that fit the moment and then...WAIT and LISTEN

Colleen - The advice was from a spiritual mentor, and she encouraged me to forgive freely (I do not need an apology first). When I remember a hurt, I forgive them again and then bless them. I pray blessings from the Bible over those who hurt me.

Jenny – Book recommendation - “The Power of the Other” by Dr. Henry Cloud

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